



TIM KIMURA
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1. WALK OVER POLE, WALK INTO CHUTE AND STOP IN CHUTE, BACK CHUTE TO CHUTE, WALK OUT CHUTE, WALK OVER POLE.
2. WALK INTO BOX, EXECUTE A 360 TURN RIGHT, THEN WALK OUT BOX.
3. JOG OVER POLES.
4. JOG OVER POLES, JOG AROUND SPOKE.
5. STOP OR BREAK TO THE WALK, WALK OVER POLES, WALK AROUND CONES.
6. JOG OVER POLES.
7. STOP OR BREAK TO THE WALK, WALK OVER BRIDGE.
8. JOG OVER POLES, PATTERN COMPLETE.